

SENTARA-EVMS CARDIO-OBSTETRICS CENTER

A multidisciplinary approach



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The **Sentara-EVMS Cardio-Obstetrics Center** is a specialized healthcare initiative designed to provide comprehensive care for pregnant individuals who have pre-existing or newly developed cardiovascular conditions. The program aims to ensure the well-being of both the mother and the developing fetus by closely monitoring and managing the cardiovascular health of their patients throughout their pregnancy and the postpartum period. Our multidisciplinary team is composed of experts in obstetrics, cardiovascular medicine, cardiovascular surgery, anesthesia, genetics, neonatology, labor and delivery nursing, and care coordination.

Sentara-EVMS Cardio-Obstetrics Center offers the best possible care to ensure mom and baby stay safe and cared for before, during and after pregnancy. Our program addresses specific concerns of pregnant women with hypertension or heart disease.

Clinical Services:

- Preconception counseling and risk assessment for women with pre-existing heart conditions or other cardiovascular risk factors.
- During pregnancy, our patients will have:
 - Comprehensive assessment of cardiovascular health
 - Development of a personalized prenatal care plan
 - Pregnancy and cardiac monitoring throughout pregnancy
 - Delivery planning considering potential complications related to cardiovascular health
- Postpartum care, including close follow-up with the obstetric and cardio-vascular team
- Regular review of care by the interdisciplinary team



We treat a full spectrum of heart and vascular conditions including:

- Congenital heart disease
- Cardiomyopathy
- Valvular heart disease
- Arrhythmias
- Pulmonary hypertension
- Aortic disease
- Cardiac transplant
- Deep venous thrombosis and pulmonary embolism
- Ischemic heart disease
- Hypertensive disorders

For an appointment, please call **EVMS OBGYN** at **757.446.7900**

825 Fairfax Avenue, Suite 310, Norfolk, VA 23507

sentaraevms.com

Monday-Friday 8am-5pm



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